

Attachment In Psychotherapy David J Wallin

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Attachment In Psychotherapy David J

David J. Wallin is a clinical psychologist in private practice in Albany, California. He has been practicing, teaching, and writing about psychotherapy for more than three decades. Dr. Wallin is coauthor (with Stephen Goldbart) of Mapping the Terrain of the Heart: Passion, Tenderness, and the Capacity to Love. ...

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Co-editor, Handbook of Attachment "John Bowlby would have been delighted with this book, which links the biological imperatives of attachment to the dialogues that define the self and the nature of key relationships. He would also have been delighted to see his theory articulated as a guide to psychotherapy in such an eminently readable manner.

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"Attachment in Psychotherapy advances psychotherapeutic method and theory through an innovative integration of new work in affect regulation and models of relationship. David Wallin offers a brilliant leap in realizing the clinical promise of attachment theory, a synthesis that should be required reading--and will be rewarding--for every psychotherapist."--Daniel Goleman, PhD, author of Social Intelligence

Attachment in Psychotherapy - Kindle edition by Wallin ...

David J. Wallin's Attachment in Psychotherapy provides a basic introduction to attachment theory and how to utilize it within a psychotherapy framework. This book is very helpful to gain a basic understanding of attachment framework and how to implement treatment in therapy.

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This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Advancing a model of treatment as transformation through relationship, the author integrates attachment theory with neuroscience, trauma studies, relational psychotherapy, and the psychology of mindfulness.

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developmental centrality of attachment relationships, preverbal experience, and the reflective function. And it distills their clinical yield in a model of psychotherapy that involves the transformation of the self through relation-ship. My aim here is to convey the orientation to emotional healing—the

AttachmentandChange - David J. Wallin, Ph.D.

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David's Wallin's book is an invaluable resource for both for therapists who are new to Attachment Theory as well as for those with a background in the theory who would like to deepen their knowledge. I use this book both when I teach Attachment as well as a resource for my ongoing clinical work with patients.

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Attachment in Psychotherapy. David J. Wallin. Guilford Press, Mar 6, 2007 - Psychology - 366 pages. 1 Review. This eloquent book translates attachment theory and research into an innovative...

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Overview. This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Advancing a model of treatment as transformation through relationship, the author integrates attachment theory with neuroscience, trauma studies, relational psychotherapy, and the psychology of mindfulness.

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David's Wallin's book is an invaluable resource for both for therapists who are new to Attachment Theory as well as for those with a background in the theory who would like to deepen their knowledge. I use this book both when I teach Attachment as well as a resource for my ongoing clinical work with patients.

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In this book, David J. Wallin translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Thoughtful, practical, and highly readable, the volume offers fresh insights on the therapist's role as well as clear-cut recommendations for practice."--Jacket. \span ...

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A good contribution to the psychotherapy literature integrating attachment theory, mentalising, mindfulness, right and left brain activity, the body and intersubjectivity. Particularly good chapter on enactments and on the body in therapy. A bit heavy going at times but worth the effort.

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